

# Class of 2021 Freshmen Information Night

## High School 101



# WHS 9<sup>th</sup> Grade Counseling

---

## Counselors

*Mac Blate A-D*

*Jen Brookover E-K*

*Roisin LeRoy L-Q*

*Patrick Floyd R-Z*



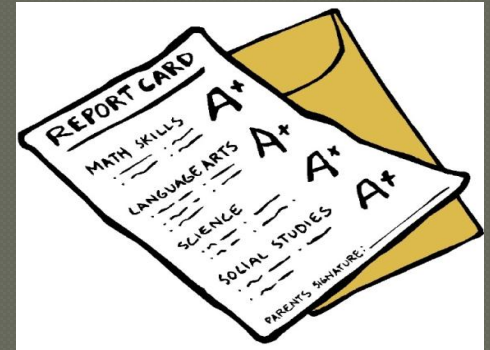
# *What does my counselor do?*

---

- Academic support
  - NM lists- progress and quarter
  - Course Selections
- PTC/SST's
- Concerns in a class
- College and Career Planning
- Personal Support

# *How do we Operate?*

- Odd/Even Days
- Report Cards/Grading Periods
  - Progress Reports- P or NM
  - Quarter Reports- A, B, C, NM
  - Semester Grades- A, B, C, NC
  - transcript
- NM vs. NC



# *What is a credit?*

---

Credit= Mastery of the subject

- 10 credits
- 80 credits
- 250 credits

Remediation: Summer school/Night school

# WHS Graduation Requirements

## 250 Credits

- 4 years Language Arts
- 4 years Social Studies
- 3 years Mathematics
- 3 years Science
- 3 years P.E.
- 1 year VAPA
- 1 year Foreign Language
- 1 year Technology
- ½ year Health
- 50 Elective Credits
- 25 hrs. of documented Community Service



# Distinguished Scholar Pathway

---

- Students on this path will...
- Take 12 AP/Honors and advanced offerings- 5 being AP classes
- Have a 3.8 weighted GPA
  
- Have 95% attendance rate
- No major disciplinary or attendance infractions

# *What supports are available for my student at WHS?*

---

- Intervention
- Teachers
- Tutoring
- Senior Mentors
- Peer Counselor
- PE correctives
- Career Center
- Schoology, WHS Web, Naviance



## *What can I do to help support my student?*

---

- Check Schoology
- Create Naviance Account
- Stay in communication with teachers, counselor, and administration.
- Become familiar with graduation requirements and College Entrance requirements (APG)

WHS App, WHS Website for Information

# *Looking Forward...*

---

- College and Career
  - A-G Requirements,
  - College Fair
  - Naviance

# CSU & UC A – G Eligibility Requirements

---

- A ~ Social Studies 2 years
- B ~ Language Arts 4 years
- C ~ Math 3 years (Must complete Algebra II)  
(4 years recommended)
- D ~ Lab Science 2 years (1 physical, 1 life)  
(4 recommended)
- E ~ Foreign Language 2 years  
(3 recommended)
- F ~ VAPA 1 year
- G ~ College Prep Elective 1 year





Web-based program designed to help students:

Explore colleges and careers

Discover careers related to their personality and interests

Keep track of colleges students are thinking about

Sign up to meet with college representatives

Build a resume

Keep track of hours spent volunteering, working, and extra-curricular activities

# How to Log-in

## Students

- [www.connection.naviance.com/whitneyhs](http://www.connection.naviance.com/whitneyhs)
- Username: first name.lastname (ex. john.smith)
- Password: your permanent student ID #
- You will be prompted to update your password when you log-in.

← → C Hobscons, Inc [US] https://connection.naviance.com/family-connection/auth/login/?hsid=whitneyhs ☆ ☰

⇒ Important Message!

Welcome to Family Connection

STUDENTS: Your username is the same as your Rocklin USD Google account. Your password is your Perm. Student ID, please change it on your first log in. PARENTS: Log in with the email/username you created during the registration process on the right.


are you new here?  
[I need to register](#)

username

password

remember me

[forgot your password?](#) [need additional help?](#)



Whitney High  
Whitney High  
Rocklin CA 95765  
p. 916.632.6500

## Parents

- [www.connection.naviance.com/whitneyhs](http://www.connection.naviance.com/whitneyhs)
- Click “I need to register”
- Registration code: your student’s permanent ID and your registration code (ex. 1234567M)
  - Registration Codes
    - Mother = M
    - Father = F
    - Stepmother = SM
    - Stepfather = SF
- You will be prompted to create your username and password for future use.

# NAVIANCE

← → ↻ [Hobsons, Inc \[US\]](#) <https://connection.naviance.com/family-connection/main/about-me/> ☆ ☰

Whitney High Logged in as: Whitney A Sophomore (log out) [Manage my account](#)

## family connection

home colleges careers **about me** my planner

surveys to take:  
[survey history](#)

### Success Plan

- > [goals](#)
- > [tasks](#)

### my assessments

- > [StrengthsExplorer®](#)
- > [personality type](#)
- > [career interest profiler](#)
- > [cluster finder](#)

### interesting things about me

- > [portfolio](#)
- > [favorite colleges](#)
- > [favorite careers and clusters](#)
- > [resume](#)
- > [game plan](#)
- > [documents](#)
- > [journal](#)
- > [completed surveys](#)

official things

# Keep track of activities, volunteer work, jobs, etc.

The screenshot shows a web browser window with the URL <https://connection.naviance.com/family-connection/resume/>. The page has a navigation bar with links for 'home', 'colleges', 'careers', 'about me', and 'my planner'. On the left, there are three sections of links: 'interesting things about me' (personality type, resume, game plan, documents, journal, survey history), 'official things' (profile, inbox, account, test scores), and 'surveys to take' (survey history). The main content area is titled 'resume' and includes a 'BUILD YOUR RESUME' section with instructions. Below this are two tabs: 'Build Resume Sections' and 'Customize Your Printable Resumes'. A central instruction says 'Use the tools below to create and edit any sections you might want to use in your resume', followed by an 'add a new entry' button with a dropdown menu. The 'WORK EXPERIENCE' section contains two entries: 'Caregiver Rocklin' (June 2014 - July 2014, 10 hours/week, Total Hours: 40, Grade 10, Cared for 2 children during the day ages 5 and 7) and 'Volunteer Animal Shelter, Rocklin' (January 2014 - Present, 5 hours/week, Grade 10, Volunteer at local animal shelter caring for animals and helping the veterinarians).

*Tip: Colleges will want this information when students apply!*

# Explore Careers

Career Interest Profiler

Cluster Finder:  
Identify a Top Career Cluster

The screenshot shows a web browser window with the URL <https://connection.naviance.com/family-connection/careers/interests/test>. The page is titled "family connection" and is for a user named Whitney A Sophomore at Whitney High. The navigation menu includes "home", "colleges", "careers", "about me", and "my planner".

The main content area is titled "Career Interest Profiler" and includes a search bar and a "Go" button. Below the search bar, there are links for "favorite careers & clusters" and "explore careers & clusters".

Under the heading "what are my interests?", there are links for "personality type", "cluster finder", and "career interest profiler".

The main content area displays a list of career-related statements with radio buttons for selection:

- 1. Maintain the grounds of a park:**
  - LIKE
  - UNSURE
  - DISLIKE
- 2. Operate a machine on a production line:**
  - LIKE
  - UNSURE
  - DISLIKE
- 3. Develop a way to better predict the weather:**
  - LIKE
  - UNSURE
  - DISLIKE
- 4. Work in a biology lab:**
  - LIKE
  - UNSURE
  - DISLIKE
- 5. Write scripts for movies or television shows:**
  - LIKE
  - UNSURE
  - DISLIKE



# Explore Colleges with *Naviance Super Match*

The screenshot shows a web browser window with the URL <https://connection.naviance.com/family-connection/colleges/supermatch>. The page features a navigation bar with links for 'home', 'colleges', 'careers', 'about me', and 'my planner'. The main content area is titled 'College Search (4,656 schools available) a SuperMatch™ search'. On the left, there are search options: 'MY SEARCH OPTIONS' (Start Over, Save, My Searches), 'FIND & PIN A SCHOOL BY NAME' (Enter name of school), and 'FIND YOUR BEST FIT' with a list of filters including Location, Majors, My Scores, Tuition and Fees, Ethnicity, School Type, School Size, On Campus Housing, Campus Setting, Public or Private, Gender Mix, Historically Black, Getting In, Graduation Rate, Organizations, and Special Services. The right side features a large image of a smiling woman with headphones and a handwritten-style text overlay: 'See how well you fit with OVER 3,500 SCHOOLS!'. Below this are four feature boxes: 'GET MATCHED' (percentage icon) describing 20 search criteria, 'PIN YOUR FAVORITE' (pushpin icon) for saving schools, 'COMPARE' (bar chart icon) for comparing schools, and 'SAVE' (USB icon) for saving progress.

← → ↻ [Hobsons, Inc \[US\]](#) <https://connection.naviance.com/family-connection/colleges/supermatch> ☆ ☰

home colleges careers about me my planner

## College Search (4,656 schools available) a SuperMatch™ search

**MY SEARCH OPTIONS**  
Start Over Save My Searches

**FIND & PIN A SCHOOL BY NAME**  
Enter name of school

**FIND YOUR BEST FIT**

- Location
- Majors
- My Scores
- Tuition and Fees
- Ethnicity
- School Type
- School Size
- On Campus Housing
- Campus Setting
- Public or Private
- Gender Mix
- Historically Black
- Getting In
- Graduation Rate
- Organizations
- Special Services
- Disability Services

See how well you fit with  
**OVER 3,500 SCHOOLS!**

**GET MATCHED**  
Use over 20 search criteria to find the schools that are the best match for you and find out why.

**PIN YOUR FAVORITE**  
Keep an eye on the schools you're interested in by pinning them to the top of your list.

**COMPARE**  
See how your pinned schools stack up to each other on the factors that matter to you most with SuperMatch's Compare View.

**SAVE**  
With a few simple steps, you can save your progress and come back to your search later.

# Learn More About Your Personality & Interests

Do What You Are:  
Personality Type

Strengths Explorer:  
Identify Your  
Talents

← → C Hobsons, Inc [US] https://connection.naviance.com/family-connection/main/personality-type/?page=1

personality type


- > [personality type](#)
- > [resume](#)
- > [game plan](#)
- > [documents](#)
- > [journal](#)
- > [survey history](#)


official things:

- > [profile](#)
- > [inbox](#)
- > [account](#)
- > [test scores](#)

surveys to take:

- [survey history](#)

 **DO WHAT YOU ARE**  
Powered By Human eSources™

Finish Later 

### Self Discovery Assessment

Part 1    Part 2    Part 3    Part 4

**Instructions:**  
There are four parts to the Self Discovery Assessment. In each part, you will be asked to read brief descriptions of two people and decide which person sounds more like you. These are *only brief* descriptions, so neither one will sound exactly like you. After you've decided, answer the questions and move on to the next part.

Please keep in mind, there are no right or wrong, better or worse answers. Just try to answer each question as honestly and objectively as you can - based on which person you are *more* like in your everyday life, not who you may wish you were, or think you should be like!

**Description 1**

Emily has lots of friends whom she likes to spend time with and she usually enjoys meeting new people. She likes to talk on the phone and often tries to get her friends together to party or go to the movies. Just thinking about getting something going gets Emily pretty pumped up.	Melissa's a pretty private person. She has very close friends she's known for years. She likes to do things with them but she also enjoys spending time alone - working on projects, reading, or just relaxing. When it comes to social situations — especially new ones - Melissa often prefers to hang back and observe awhile before getting involved.
<input type="radio"/> I am <i>more</i> like Emily	<input type="radio"/> I am <i>more</i> like Melissa

**Description 2**

At lunch, Emily almost always sits and talks with other people and she belongs to several clubs — mostly because she likes the social interaction. If given a choice, she would prefer to do homework with others, and often chats with her friends while she's working.	Melissa almost always prefers to study alone and she has amazing powers of concentration. Melissa's interests are deep and intense, like she is. She knows a lot about the subjects that interest her and enjoys sharing her knowledge with other people, but she really dislikes superficial chit-chat.
<input type="radio"/> I am <i>more</i> like Emily	<input type="radio"/> I am <i>more</i> like Melissa

Description 3

# Teens and Mental Health

---

- ◉ Listen to your teen: :Let them talk about any problem they are having and help them identify positive and healthy solutions
- ◉ Encourage teens to get involved in activities that engage them in the community in a positive way

# Teens and Mental Health

---

- Set clear expectations with teens and let them know that their actions can have consequences and that they matter to the adults in their lives.
- Help adolescents to identify supportive adults who they can talk to if they are needing support or advice.

# Teens and The Internet

---

# Golden Rules for High School Parents

---

- #1 Golden Rule:  
**Communicate!**
- Stay involved in your teen's life
- Ask your teen questions  
-follow up
- Discuss your teens's goals and plans for the future
- Set boundaries and enforce them
- Check the WHS Website or App
- Check grades online
- Participate in Boosters of other parent group
- Attend Parent Information Nights
- Don't assume that your teen can do it on their own-  
**THEY STILL NEED YOU!**
- **Communicate!**

# *Who do you call?*

**Whitney High School: 632-6500**

## **Counselors**

Jennifer Teames xt. 6406(Secretary)

## **Registrar**

Leslie Simpson: [lsimpson@rocklin.k12.ca.us](mailto:lsimpson@rocklin.k12.ca.us)

## **Athletics**

Jason Feuerbach: [jfeuerbach@rocklin.k12.ca.us](mailto:jfeuerbach@rocklin.k12.ca.us)

Kathy Maxey: [kmaxey@rocklin.k12.ca.us](mailto:kmaxey@rocklin.k12.ca.us) (Secretary)

## **Activities**

Travis Mougeotte: [tmougeotte@rocklin.k12.ca.us](mailto:tmougeotte@rocklin.k12.ca.us)